

Personal, Social and Emotional Development

<p>Nursery Skills</p>	<p>I can separate from my parent at the beginning of nursery with only a little support from the Nursery Team.</p> <p>I can settle quickly at nursery.</p> <p>I can choose what I would like to play with and can play independently.</p> <p>I can use toys and equipment correctly.</p> <p>I can tidy up when I have finished playing.</p> <p>I can demonstrate friendly behaviour to my friends and adults.</p> <p>I can be friendly towards visitors in my nursery.</p> <p>I can tell you what the rules are in my game.</p>	<p>I can play with a friend and respond to their wishes.</p> <p>I make good choices most of the time during my play, following the nursery rules and routine.</p> <p>I can solve a problem with a friend, without hurting them, e.g. sharing and turn taking.</p> <p>I can calm myself down when I am upset by something.</p> <p>I can tell an adult when I am feeling happy or sad.</p> <p>I can tell an adult if I am feeling worried about something.</p>	<p>I am getting good at managing my emotions and reacting appropriately to different situations.</p> <p>I can recognise how other people might be feeling.</p> <p>I can describe how a character from a book might feel.</p> <p>I can be assertive in my work and play.</p>	<p>N/A</p>
<p>Nursery Knowledge</p>	<p>I know my parent will be back at the end of the nursery day.</p> <p>I know how to play with toys.</p> <p>I know I must be careful with equipment and look after it.</p> <p>I know that I can go to an adult if I need any help.</p>	<p>I know that my friend might want to do something different to me.</p> <p>I know why following rules and routines is important.</p> <p>I know I must be kind and not hurt others.</p> <p>I know ways to calm myself down if I am upset.</p> <p>I know a range of emotions.</p> <p>I know I can speak to an adult if I am feeling sad or angry.</p>	<p>I know how to behave and respond in different situations.</p> <p>I know how to help someone if they are feeling sad.</p> <p>I know that other children may feel differently than me about an event.</p>	<p>N/A</p>

	<p style="text-align: center;">Reception Skills</p>	<p>I can explain the reasons for rules, know right from wrong and try to behave accordingly.</p> <p>I am confident to try new activities and show independence, resilience and perseverance in the face of challenge.</p> <p>I can manage my own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.</p> <p>I can form positive attachments with adults and peers.</p> <p>I can work and play cooperatively and take turns with others.</p> <p>I am sensitive to my own needs and those of others.</p> <p>I can create collaboratively, sharing ideas, resources and skills.</p>	<p>Self-Regulation</p> <ul style="list-style-type: none"> *Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. *Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. *Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.
	<p style="text-align: center;">Reception Knowledge</p>	<p>I know what is right and wrong.</p> <p>I know why it is important to have rules.</p> <p>I know how to behave appropriately in different situations.</p> <p>I know how to use the toilet and how to wash my hands with soap.</p> <p>I know why it is important to wash our hands and what might happen if we don't.</p> <p>I know why it is important to have a healthy diet.</p> <p>I know what will happen if I don't eat healthily.</p> <p>I know to be respectful and kind to others.</p>	<p>Managing Self.</p> <ul style="list-style-type: none"> *Be confident to try new activities and show independent perseverance in the face of challenges. *Explain the reasons for rules, know right from wrong and try to behave accordingly. *Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices. <p>Building Relationships</p> <ul style="list-style-type: none"> *Work and play cooperatively and take turns with others. *Form positive attachments to adults and friendships with peers. *Show sensitivity to their own and to others' needs.